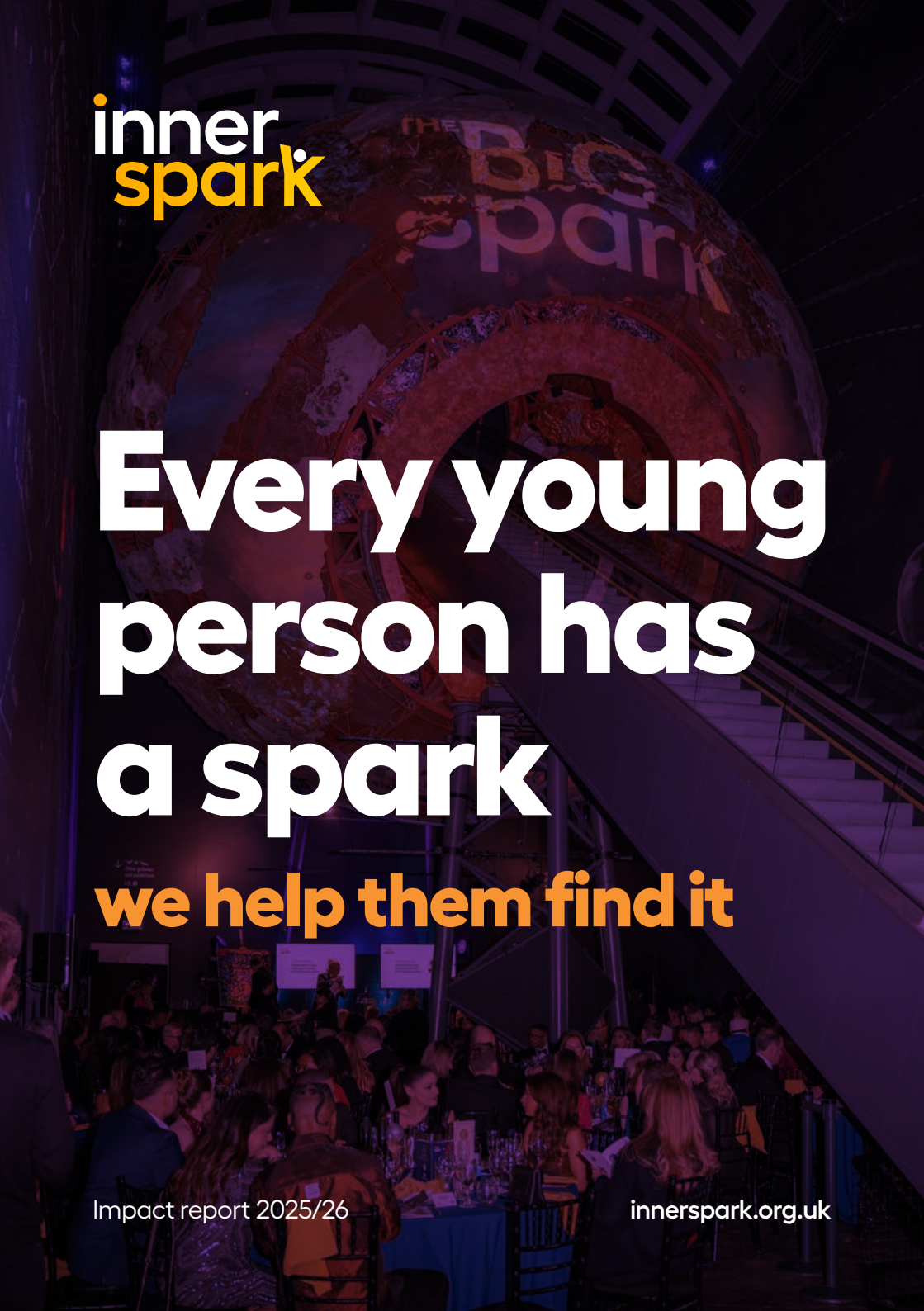


The background of the entire page is a photograph of a museum interior. A large, textured globe is the central focus, with the words 'THE BIG spark' projected onto its surface. To the right, a wide staircase with a metal railing leads upwards. In the foreground, a large group of people are seated at round tables, attending an event. The lighting is dim, with spotlights highlighting the globe and the audience.

**inner.
spark**

Every young person has a spark

we help them find it

Impact report 2025/26

innerspark.org.uk



Too many young people leave school without ever being told they are capable of more.

That is why Inner Spark matters: fully funded workshops that build self-awareness, purpose, accountability, resilience and kindness - so that young people leave believing their future is theirs to shape.

£3.33 puts one young person in a room with someone who can change what they believe is possible.

Since 2023, 333,000 young people have had that moment. Our target is one million in the UK by 2030, and one hundred million worldwide by 2035, beginning with India.

Inner Spark aims to equip young people with life skills and positive mindsets to fulfil their potential. Born out of COVID, Inner Spark helps address many of the challenges facing young people today – from anxiety and mental health to thinking big about what they can achieve in life, work, education and training.

It's all based on the SPARK framework: **self-awareness, purpose, accountability, resilience** and **kindness**. And it is delivered free in schools with higher than average rates of free school meals.

We would not have been able to reach so many young people without the skilled facilitators and partner charities who deliver the workshops, the schools and teachers that host workshops, and of course the donors and funders who have generously supported the growing number of workshops.

Inner Spark is shaped by our Bright Spark Council of young people and our education advisory committee. Our thanks to them all.

In January 2027, we will officially launch Inner Spark as an independent charity. The Goyal Foundation is committed to continue funding the crucial infrastructure costs of Inner Spark so that the new charity can raise the funds needed to reach our ambitious targets. Look out for Big Spark 2 in autumn 2027, following on from the first Big Spark gala in 2025 which raised over £300,000.

Please join us in thinking big and changing the lives of the next generation.

Anita & Avnish

Anita Goyal MBE & Avnish Goyal CBE
Founders of Inner Spark



Impact story: finding a voice that serves

“My talent for arguing could be put to better use - not just for thrills, but in the service of other people who might need help.”

Esther, age 12

How one young person turned a talent for arguing into advocacy - and a seat in the House of Lords.

Esther is 12 and in Year 8 at Crawshaw Academy in Leeds. By her cheerful admission, she used to find arguing thrilling: a strong voice, always ready for debate, but not always sure where to point it. It was character in search of purpose.



The spark

Esther first met Inner Spark in a school workshop led by facilitator Andrew Jenkins. Hearing him speak about surviving a near-fatal car crash made her think about how little time any of us have to build a good life – and made her ask a question she had never asked before: ***what is my strong voice actually for?***

From arguing to advocacy

Inner Spark challenged Esther to make a short video about an issue she cared about. She spoke up for a friend who had struggled to return to school after the pandemic and was slipping further out of education. The same voice that once argued for the thrill of it was now being used for somebody else. Self-awareness had become purpose; purpose had become kindness in action.

A seat at the table

Esther joined the Bright Spark Council, Inner Spark's youth voice group. On 23 March 2026, she stood at our first House of Lords event and spoke for young people whose voices can go unheard. She also championed those who do not see university as their path but still want purposeful lives and practical skills for the future.

“I would never have dreamed, a year ago, that I would be standing here in the House of Lords... Inner Spark has helped me find my voice, and learn to project it as far as I can make it go.”

Esther, House of Lords, 23 March 2026

Inner Spark: the story so far



New facilitators
and partners
come on board



One hundred
thousand young
people reached

inner
spark

100K

2021

2022

2023

2024

Post-Covid,
first pilots run
in schools



Launch of Inner Spark
programme and brand

Inner Spark team expands to
reach more schools



Education advisory
committee launched
chaired by Anita Goyal MBE



Bright Spark council meets
at the House of Lords

250K

One quarter of a million
young people reached

333K

One third of a million
young people reached

2025

2026

2027

£300K

Big Spark fundraising
gala raises £300,000



Over one thousand
workshops delivered



SPARK framework launched and more
multi-academy trusts host Inner Spark

New Inner
Spark
charity to be
launched

Inner Spark receives charity status
Registered Charity Number 1219623

Feedback from students and staff

79%

feel more confident
after attending a
workshop

93%

of students said they
found their Inner Spark
facilitator inspirational,
relatable and motivational.

86%

of students rate their
workshop as excellent

SELF-AWARENESS

S

PURPOSE

P

ACCOUNTABILITY

A

RESILIENCE

R

KINDNESS

K

Schools consistently describe Inner Spark facilitators as engaging, relatable and inspiring.

This matters because young people have more access to role models than any generation before them, and almost all of it arrives through a screen. Influence has never been easier to reach, or harder to trust.

A real person, in a real room, telling a young person that their life can be bigger than they currently think it can be, does something an algorithm cannot.

“Thank you for organising such a fantastic talk. It was incredibly engaging and had a real impact - our students were fully captivated throughout. The facilitator was absolutely incredible. His energy, storytelling and authenticity really resonated with everyone in the room.”

Irfan Islam, Assistant Principal,
Khalsa Academy

“This was the best talk we’ve ever had. You could tell they genuinely cared. I actually wanted to listen - and I’ve remembered so much, which isn’t like every other talk we have.”

Student, Trinity School Newbury

“I’m not letting fear stop me.”

“When you spoke about the fear of failure, it really hit home. I’ve been thinking about going to Australia to play cricket, but I kept putting it off because I was scared of not being good enough. Because of you, that mindset has completely changed. I’m no longer letting fear stop me - I’m going to go and complete my dream.”

Sixth form student, Blackpool Sixth form



Impact story: the moment one student found her voice

“Watching her excitedly rush to the front was truly amazing. To hear her speak so confidently in front of such a large audience was enough to make me feel emotional.”

Daniel Riley, Vice Principal, Paddington Academy

How one 45-minute workshop gave a largely non-verbal student the confidence to speak before 180 of her peers.

At Paddington Academy, personal development is an entitlement for every student. But engaging an entire year group at once can be challenging - particularly when young people cannot see themselves in the speaker or their story.

The connection

Inner Spark facilitator Alain Clapham led 180 students through a transformative storytelling workshop. His energy, authenticity and lived experience captivated the room, helping students turn their own experiences into poetry and spoken word.

The moment

Students began queuing to share their work. Among them was a student with complex additional needs who is largely non-verbal. Many students and staff had never heard her speak aloud.

She rushed to the front and confidently performed her piece before the entire year group.

An impact that lasted

Since then, Paddington Academy has worked with four Inner Spark delivery partners - Alain Clapham, Leah Chowdhry, Jermaine Harris and Kelly Tamplin. Its students have spoken at the House of Lords and performed in front of an audience of 180 at the Natural History Museum. The opportunities just keep coming for our students. We are so grateful to Inner Spark.

“Inner Spark’s speakers are dynamic, funny, engaging and, most importantly, relatable. That is why Inner Spark is always my first port of call when it comes to personal development opportunities in my school.”

Emily Morris, Leader of Personal Development and Careers, Paddington Academy

Partners and events

All our work is done in partnership.

Inner Spark workshops are delivered by a network of 18 delivery partners across the UK - facilitators and specialist organisations, each with a life story and the ability to hold a room full of teenagers.

Every delivery partner is trained and quality assured and observed regularly afterwards. No school depends on one person, and neither do we.

Inner Spark is funded by a mix of charitable foundations and philanthropists, alongside the Goyal Foundation supporting core costs.

In 2025 we hosted our largest fundraising event to date:

The Big Spark which raised over £300,000. In the coming year we are running a series of smaller fundraising and awareness events such as exclusive trips and dinners. The Bright Spark council of young people have also presented their work in the House of Lords.

In 2027 we will be hosting The Big Spark 2 – **watch out for details.**



How you can help

- ✓ Fund a workshop
- ✓ Partner with us
- ✓ Introduce us to someone who can help

In 2027, we will officially launch Inner Spark as an independent charity. The aim is to enable us to raise more funds and awareness to help Inner Spark grow and hit our target of reaching one million young people by 2030.

To do that, the Goyal Foundation will continue to invest in the infrastructure needed to deliver many more workshops – from a new website and growing social media coverage to an upgraded one-stop CRM system and independent impact evaluation, along with an expanded team.

This means every pound donated helps deliver life-changing workshops to young people.

You can help us run another **2,000 free workshops** in the UK by donating to Inner Spark. A workshop reaching over 300 students costs £1000 to deliver free of charge to their school.

£1,000

One workshop.
In One school for
over 300 young
people, in one
hall, in one day.

£10,000

Ten schools
reaching over
3,000 students.

£25,000

Twenty-five
schools or one
Multi Academy
trust reaching over
8,000 students

What waiting costs

Every workshop we cannot fund is a hall full of young people who do not get that moment - at exactly the age when it matters most. They do not get that time back. The year group moves on, self-belief can fade and opportunities may be missed. **The cost of waiting is measured in unrealised potential.**



Scan this QR code to
watch some testimonials



JustGiving

Scan to donate today
on our JustGiving page

**Together, we are igniting potential
and shaping a brighter future.**

Thank you to our funders and supporters,
who make this work possible.

GoYal
FOUNDATION



**one
footStep**

**MAYOR'S
FUND FOR
LONDON**
HELPING YOUNG LONDONERS GROW



Arora
GROUP



And to the many others who have supported
our work in ways big and small - **thank you.**

**inner
spark**

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roxy.potts@hgf.org.uk



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Visit:

www.innerspark.org.uk

Registered Charity Number 1219623